



Melanie's Spring/Summer Walks 2017

Date	Meeting place/time	Walk description
Sat 11 March	Carshalton Station 2.15 pm	Wandle Walk to include Wilderness Island, Grove Park and Carshalton Park. 3-4 miles, easy. Tea at Honeywood Heritage Museum at end.
Fri 14 April (Good Friday)	St Mary's Church 10 am (see below)	A walk from Beddington Park to Carshalton via Wilderness Island. 1-2 miles.
Sun 30 April	Mitcham Junction 2 pm	Mitcham Common walk. 3-4 miles, easy.
Sat 13 May	Carshalton Station 2.30 pm	Wandle Trail walk from Carshalton to Mitcham with a visit to Wilderness Island and Mitcham Common. 3-4 miles, easy.
Sat 3 June	Wandsworth Town Station, 9.30 am	Walk along the Wandle Trail. Finish 1.00 pm in Morden Hall Park (Phipps Bridge Tram Stop). 5 miles, easy. Part of an all day event between Croydon and Wandsworth, more start and finish options available. See the Sutton & Wandle Valley and Wandsworth Ramblers' website for more details.
Sat 24 June	Mitcham Junction 2 pm	Mitcham Common walk. 3-4 miles, easy.

For all walks starting at Mitcham Junction meet at bus stop on bridge.

Health Walks



Sutton Healthy Walks - Come and join us for a free and friendly hour's walk around Beddington Park or Waddon Ponds every Friday morning at 10 am. Meet by St Mary's Church, Church Road, Wallington SM6 7NJ (Buses: 407 from Sutton, 463 from Mitcham). Refreshments available at church after walk. Voluntary contribution to church funds. Tour of church possible. Half hour option available.

Merton Health Walk - Around **Mitcham Common** every Thursday. Meet at 11 am Mitcham Junction Station. Refreshments afterwards at Mitcham Golf Club. For other health walks in Merton please visit www.merton.gov.uk/walk4life.

Friends of Mitcham Common

Please email friendsofmitchamcommon@gmail.com if you'd like to subscribe to the Magpie newsletter and support the Friends in their valuable work protecting the Common. A year's subscription costs £2.50 and five years just £10. You will receive the Magpie newsletter several times a year. Our **BIG LUNCH** will probably be on 18 June (check website).

Wandle Valley Forum

Would you like to have your say in what will happen in the future Wandle Valley Regional Park? If so, please consider being a member and signing up to quarterly newsletters and other updates. Please email wandlevalleyforum@gmail.com for details.

Please email me on mlnunuzet@gmail.com or call 07944 833605 for further info. Please note the second letter is an 'l' not 'i'! Thank you and happy walking!